

PHYSICAL EDUCATION

~~The Governing Board desires to provide a physical education program which builds interest and proficiency in movement skills and encourages students' lifelong fitness through physical activity. Besides promoting high levels of personal achievement and a positive self-image, physical education activities should teach students how to cooperate in the achievement of common goals.~~

~~(cf. 5121 Grades/Evaluation of Student Achievement)~~

~~(cf. 6145.21 Sportsmanship)~~

~~(cf. 6146.1 High School Graduation Requirements/Standards of Proficiency)~~

~~The Board shall approve the components of the physical education program.~~

~~(cf. 6143 Courses of Study)~~

~~Physical education staff shall take special care to ensure that excessive physical exertion is not required of students who have informed staff of a heart or respiratory condition or other physical disability that may restrict such activity. Any dispute concerning such a condition shall be submitted to the principal, Superintendent, or designee, who may make appropriate inquiries consistent with state and federal law. An appropriate alternative activity shall be provided for these students.~~

~~(cf. 6164.6 Identification and Education Under Section 504)~~

~~Physical education staff shall appropriately limit the amount or type of physical exercise required of students during air pollution episodes, hot weather, or other inclement conditions.~~

~~(cf. 3516 Emergencies and Disaster Preparedness Plan)~~

~~The Superintendent or designee may excuse any student in grade 10, 11, or 12 who attends a regional occupational center or program from attending physical education courses if such attendance results in hardship because of the travel time involved.~~

~~Legal Reference: (See next page)~~

PHYSICAL EDUCATION (continued)

Legal Reference:

~~EDUCATION CODE~~

~~49066 Grades; physical education class~~

~~51241 Temporary or permanent exemption from physical education~~

~~51242 Exemption from physical education for athletic program participants~~

~~52316 Excuse from attending physical education classes~~

~~60800 Physical performance test~~

~~CODE OF REGULATIONS, TITLE 5~~

~~3051.5 Adapted Physical Education for Individuals with Exceptional Needs~~

~~10060 Criteria for Physical Education Program~~

~~UNITED STATES CODE, TITLE 29~~

~~794 Rehabilitation Act of 1973, Section 504~~

~~53 Ops. Atty. Gen. 230 (1970)~~

Management Resources:

~~CDE PROGRAM ADVISORIES~~

~~0418.89 Physical Education, April 18, 1989~~

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~~During each March, April, or May, students in grades 7 and 9 shall undergo the physical performance testing designated by the State Board of Education. Students with a physical disability and students who are physically unable to take all of the test shall undergo as much of the test as their physical condition will permit. (Education Code 60800)~~

~~With the consent of the student, the Superintendent or designee may grant temporary exemption from physical education when a student is enrolled for one-half time or less, or when a student is ill or injured and a modified program to meet his/her needs cannot be provided. Permanent exemptions shall be granted only as provided by law. (Education Code 51241)~~