

WILLIAM S. HART UNION HIGH SCHOOL DISTRICT

INSTRUCTIONAL MATERIALS EVALUATION AND RECOMMENDATION FOR ADOPTION

**Book Title** Essentialism **Copyright** 2014 **Cost** \$14.89  
**Author** Greg McKeown **Publisher** Crown Business **ISBN#** 978-0-8041-3738-6  
**Course Title** Social Emotional Learning + Honors English 12 **Grade(s)** 12

**One-Paragraph Description**

The way of the essentialist isn't about getting more done in less time. It's about getting only the right things done. It is not a time management strategy or a productivity technique. It is a systematic discipline for discerning what is absolutely essential, then eliminating everything that is not, so we can make the highest possible contribution towards the things that really matter. By forcing us to apply a more selective criteria for what is essential, the disciplined pursuit of less empowers us to reclaim control of our own choices about where to spend our precious time and energy - instead of giving others the implicit permission to choose for us. Essentialism is not one more thing - it's a whole new way of doing everything. It's about doing less, but better, in every area of our lives. Essentialism is a movement whose time has come.

1. What are the anticipated concerns?

No academic or content concerns.

2. Does the benefit of the read outweigh the possible problems that may arise because of the concerns? How/Why?

Yes, because the content is timely and relevant to our students in particular. This content is beneficial because it incorporates critical SEL strategies (ex: boundary setting, flow, joy/playfulness, self-care, time-management, stress reduction, etc.). This text supports the personal development of college and career bound students.

3. What is the plan to address/prepare for concerns?

We plan to give students the opportunity to read the text through a variety of different lenses. We will encourage students to have a critical perspective. We will provide differentiated instruction and create projects / assignments that are student-directed.

4. Does the site have the resources to administer the plan? If no, how will the site acquire the needed resources?

Yes.

Does the book meet the requirements of the California Education Code as listed on the reverse side of this form? (mark w/ an "x")

Yes ☒ No ☐ Verified by Jessica Hoover & Jason Wilhelm

Evaluated and recommended by:

School Academy of the Canyons  
Recommending Teacher Jessica Hoover & Jason Wilhelm Date 12/07/2021  
Dept. Head Sharon Garvar Date 12/07/2021  
Librarian N/A Date 12/07/2021  
Administrator Juliet Fine Date 12/07/2021

Approved by Director of Curriculum & Assessment:

Print Name David N. LeBarron Signature David N. LeBarron Date 12/16/2021

Date approved for final adoption by Board of Trustees \_\_\_\_\_

Schools notified of final adoption or other action on:

Date \_\_\_\_\_ By \_\_\_\_\_

### **Article 3. Requirements, Materials**

**60040.** When adopting instructional materials for use in the schools, governing boards shall include only instructional materials which, in their determination, accurately portray the cultural and racial diversity of our society, including:

- a. The contributions of both men and women in all types of roles, including professional, vocational, and executive roles.
- b. The role and contributions of American Indians, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the total development of California and the United States.
- c. The role and contributions of the entrepreneur and laborer in the total development of California and the United States.

**60041.** When adopting instructional materials for use in the schools, governing boards shall include only instructional materials which accurately portray, whenever appropriate:

- a. Man's place in ecological systems and the necessity for the protection of our environment.
- b. The effects on the human system of the use of tobacco, alcohol, narcotics and restricted dangerous drugs as defined in Section 11032 of the Health and Safety Code, and other dangerous substances.

**60042.** When adopting instructional materials for use in the schools, governing boards shall require such materials as they deem necessary and proper to encourage thrift, fire prevention, and the humane treatment of animals and people.

**60043.** When adopting instructional materials for use in the schools, governing boards shall require, when appropriate to the comprehension of pupils, that textbooks for social science, history, or civics classes contain the Declaration of Independence and the Constitution of the United States.

**60044.** A governing board shall not adopt any instruction materials for use in the schools that, in its determination, contain:

- a. Any matter reflecting adversely upon persons on the basis of race or ethnicity, gender, religion, disability, nationality, or sexual orientation, occupation, or because of a characteristic listed in Section 220.
- b. Any sectarian or denominational doctrine or propaganda contrary to law.

**60045.** All instructional materials adopted by any governing board for use in the schools shall be, to the satisfaction of the governing board, accurate, objective, and current, and suited to the needs and comprehension of pupils at their respective grade levels.

**60046.** Any governing board may conduct an investigation of the compliance of any instructional materials which it adopted with the requirements of this article.

**60047.** In the event that after the good faith acquisition of instructional materials by a governing board, the instructional materials are found to be in violation of this article, and the governing board is unable to acquire other instructional materials which meet the requirements of this article in time for them to be used when the acquired materials were planned to be used, the governing board may use the acquired materials, but only for that academic year.