

# Golden Valley HS G.R.O.W.L Center



Sal Frias - Principal  
Maryann Navia-GROWL Center Coordinator

# Grizzly Room of Wellness and Livelihood

- x Open School Hours
- x Brunch and Lunch  
eating in Patio
- x Pass from teacher  
during school hrs.



# BEFORE



# Present







**Zach Travers completed an Eagle Scout Project for our GROWL Center. Over 300 hours of labor and over \$2,000 in cost to provide these.**



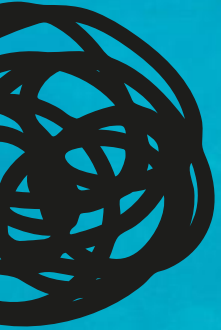


# 10,623

Visits to our G.R.O.W.L center so far this year!!  
(4/1/22) Started 8/23

**812 different students - (39%)**



- 
- **Mindful Mondays**
  - **Yoga Sessions on late start Fridays**
  - **Therapy Dogs every other Monday**





# GVHS Peer Counseling







**Golden Valley Peer Counseling began this school year.**

**This semester our advanced students started having sessions.**

**To date, we've had over 169 resolutions.**

**Grand Opening just held on March 31, 2022**





# Thanks!

**Any questions?**

You can find me at  
[sfrias@hartdistrict.org](mailto:sfrias@hartdistrict.org)

